

Sexual Assault Awareness

Sexual violence is a **pervasive threat** to people of all genders, sexual orientations, races, ethnicities, and ages at every organization. From unwanted touching and kissing to rape, sexual assault impacts a **significant number of people** and frequently goes **unreported**.



What is sexual assault?

According to [RAINN](#), “sexual assault refers to sexual contact or behavior that occurs without explicit consent of the victim.” It is any unwanted sexual activity, from unwanted kissing or touching to rape.

Who can be a victim of sexual assault?

Anyone can be a victim of sexual assault although women are impacted more than men. Alcohol, drugs, and intimate partner violence and harassment may increase the likelihood of a sexual assault.

How often does it occur?

- “Every 73 seconds a person in the US is sexually assaulted.”
- 1 in 6 women “has been the victim of an attempted or completed rape in her lifetime.”
- 1 in 2 women and 1 in 5 men “have experienced sexual violence other than rape.”
- 43.2% of females and 51.3% of males experience their first attempted or completed rape prior to age 18.

Who perpetuates a sexual assault?

According to [RAINN](#), eight out of ten perpetrators are someone known to the victim. In fact, 73% of assaults are perpetrated by a non-stranger; 28% by an intimate partner; and 7% by a relative of the victim. More than 50% of rapes and sexual assaults take place within one mile of the victim’s home.

What are the costs and impacts?

- Self-harm, depression, post-traumatic stress disorder (PTSD), anxiety, suicidal thoughts, broken relationships, and substance abuse
- Sexually transmitted infections (STIs) or pregnancy
- The estimated “lifetime cost of rape per victim is \$122,461”

If you are a victim of a sexual assault, know that you are not alone. There are resources in and outside of our organization to help you. You are a survivor and we are here for you.

How Can I Get Help?

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- LiveSafe Mobile App – Report assault and harassment, anonymously if desired
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