Provide Health Resource

Employee Health = Organizational Health

Prevent the Spread of Illness

US employers spend **$530 billion** per year lost productivity costs related to employee illness.

US employees miss **839 million** days of work due to illness each year

Source: Integrated Benefits Institute (IBI)

How are illnesses spread in workplaces?

- Close contact between sick and healthy employees
- Germs spreading through coughing, sneezing, and shared surfaces

Some risk factors for workplace illness are **high stress** levels and **lack of sleep**. These stressors can hinder your immune response and make it easier to get sick!

Prevent yourself and others from getting sick!

Regularly **wash** or sanitize your hands

Stay home if you think you are sick

Try to **manage your stress levels**

Regularly disinfect your workstation

Be extra cautious during flu season

Stay hydrated to support immune health

Access company policies and learn more about how to stay healthy at work using the LiveSafe Mobile App

90% of surveyed employees in 28 U.S. cities admitted to going to work with cold or flu symptoms, putting their coworkers at risk.

If you are sick, **stay home** to protect yourself and your coworkers.

Source: Robert Half

Workplace wellness impacts employee satisfaction, talent acquisition, and retention.

69% of employees report that workplace health programs have a strong impact on job satisfaction

49% of employees say that workplace wellness programs are attractive or very attractive

Source: American Heart Association

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Workplace health is a serious concern that impacts companies regardless of size, revenue, industry, or geography. Illness can lead to abseentism, diminished productivity, and disrupted operational efficiency.
Do your part to keep your community safe.