

4 Ways to Use LiveSafe To Support Mental Health

1

Emergency Options

Call or message Public Safety or call 911 in the event of a mental health or other safety or medical emergency.

Use Case: If you or a friend or classmate is experiencing a mental health crisis, message security for instant assistance and resources.

2

Tip Submit

Report mental health concerns or incidents so that Public Safety and other university teams can address the situation.

Use Case: If someone shares that they are experiencing mental health concerns or thoughts of self harm, submit a tip, anonymously if desired, so that they can receive support.

3

Two-Way Messaging

Talk with safety and security officials in real-time (after reporting a tip or messaging security), anonymously if you choose.

Use Case: If you or a friend is suffering a panic attack, chat with the dispatcher and receive immediate help, even if you choose to remain anonymous.

4

Resources

Access your university's mental health resources and points of contact in the "Resources" section in the LiveSafe mobile app.

Use Case: If you or a friend or classmate needs access to mental health resources, find relevant location and contact information, such as the National Suicide Prevention Hotline, RAINN Hotline, and Trans Lifeline.