



Build Awareness of Mental Health Care and Protection



1 in 5 Adults (20%)

“Experience mental illness”

32%

of Non-Hispanic mixed/multiracial adults

17%

of Non-Hispanic Black or African-American adults

17%

of Non-Hispanic Native Hawaiian or Pacific Islander

Experience mental illness each year in the U.S.

44%

“Of adults in the U.S. who identify as Lesbian, Gay or Bisexual experience mental illness each year.”

19%

“Of adults in the U.S. experience an anxiety disorder at some time in their life”

18%

“Of adults in the U.S. with mental illness also experienced a substance use disorder in 2019”



1 in 6 U.S. youth aged 6-17

“Experience a mental health disorder each year”



90% of people who die by suicide

“had shown symptoms of a mental health condition, according to interviews with family, friends and medical professionals”

“Lesbian, Gay, and Bi-Sexual Youth are

4X MORE LIKELY

To attempt suicide than straight youth”

“Transgender people are

12X MORE LIKELY

To attempt suicide than the general population”

It’s okay to not be okay. Break the stigma and seek the support you need to care for your mental health.

LiveSafe can help your community build awareness around mental health care, report mental health safety concerns or emergencies, and access important resources to make your community a safer place to work, learn, and live.