

4 Ways to Use LiveSafe To Support Mental Health

1

Two-Way Messaging

Comfortably engage in two-way messaging with university leadership, anonymously if you choose, to receive instant support.

Use Case: If you or a friend or classmate is having a mental health crisis and needs immediate help, message security for instant assistance and resources.

2

Tip Submit

Submit tips explaining mental health incidents or concerns so that relevant campus leadership can address the situation.

Use Case: If someone confides in you that they are considering self-harm, submit a tip, anonymously if you choose, so that they can receive support and resources.

3

Resources

Access mental health resources such as national helplines, university offerings, and local medical centers.

Use Case: If you need to access campus or national mental health resources, find relevant location and contact information in the “Resources” section of the LiveSafe Mobile App.

4

Safety Map

View and get directions to nearby safety locations, such as the campus health center or security office, local hospitals, fire houses, and police stations.

Use Case: If you or a friend or classmate needs to access in-person health or security assistance, find nearby safety locations and get directions using the LiveSafe Safety Map.